

SCHOOL OF
SACRAMENTO
BALLET



**Student
Handbook
2024-2025**

Contact Information

Administrative Staff

Jorge Laico, School Director

Karen Kamilos, Children's Division Lead

Chelsea Blake, School Administrator

Jacky Romo, School Assistant

Jenny Thach, School Assistant

2420 N Street Sacramento CA 95816

Enter the parking lot at the entrance on 25th St. between
N and O streets.

School: (916) 552-5800 x125
frontdesk@sacballet.org

Ticketing: (916) 552-5810
tickets@sacballet.org

Welcome

Dear Students and Families,

I would like to welcome each and every student and all families to another beautiful and promising year at School of Sacramento Ballet!

Our school continues to provide the best dance education while making sure to provide a safe, clean, and nurturing environment for all of our students, staff, friends, and families. As our professional ballet company, Sacramento Ballet, launches its 70th ballet season, we too embrace new possibilities by adding a new performance opportunity for students with Ballet in the Park on Sept 21, 2024. Our annual Nutcracker Tea will be on November 17th. We continue to share the stage with Sacramento Ballet's production of Nutcracker and our Spring Recital Performances for the Student Division and Pre-Professional Division will be at McClatchy High School on May 17-18. The Children's Division Recital will continue to be held at the Studios on May 10.

Our conservatory style approach through a graded syllabus for our Children's Division, Students Division, through Pre-professional Division will enhance your student's experience. We continue to bring top rate teachers and staff that are committed and dedicated to your young dancer's happiness, well-being, passion, and dreams. Thank you for your trust, support, and being a part of our arts community.

I look forward to seeing the growth, confidence, and joy of each dancer this year.

Sincerely,

Jorge Laico
School Director

Table of Contents

Contact Information - 1	Dress Code - 5 & 6
Welcome - 2	Rules and Policies - 7 & 8
Important Dates - 3	Code of Conduct - 9
Tuition - 4	

Important Dates

August 21, 2024: Classes Begin

September 2, 2024: CLOSED Labor Day

September 14, 2024: Nutcracker Auditions

September 21, 2024: Ballet in the Park @ William Land Park Pavilion

October 19, 2024: Master Class Series # 1: Pas de Deux

October 21-26, 2024: Parent Observation Fall

October 31, 2024: No Classes – Halloween Night

November 17, 2024 : Nutcracker Tea - 2:00 PM

November 27- Dec 1, 2024: CLOSED Thanksgiving Break

December 7-22, 2024: Nutcracker Performances

December 17, 2024 – January 2, 2025: CLOSED Winter Break

January 6, 2024: Classes Resume

January 20, 2025: CLOSED Martin Luther King Day

February 17, 2025: CLOSED Presidents Day

March 8, 2025: Master Class Series # 2: Pas de Deux

April 7-12, 2025: Parent Observation Spring

April 14-20, 2025: CLOSED Spring Break

April 21, 2025: Classes Resume

May 10, 2025: Children's Division Recital

May 17 & 18, 2025: Student & Pre-Professional Division Recital

May 17, 2025: Last Day of Term – All Students

June 9 - July 11, 2025: Senior Summer Intensive

July 14 - August 1, 2025: Junior Intensive

We may require Saturday attendance at rehearsals for the end of year performances in April and May

Monthly Cost Children's Division

Movement and Music 1	\$65
Movement and Music 2	\$65
Creative Movement 1	\$90
Creative Movement 2	\$90
Preparatory Ballet	\$100
Ballet Fundamentals	\$165

Student Division

Level 1	\$185
Level 2	\$275
Level 3	\$380
Level 4	\$460
Level 5	\$480
Level 6	\$485

Pre-Professional Division

Pre-Pro 1	\$490
Pre-Pro 2	\$495

Enrollment Policies

The annual registration fee is \$80 per student capped at \$125 for families and is non-refundable.

Monthly payments are processed automatically through JackRabbit on the 15th of every month. If payment is not received by the 25th of the month a \$50 late fee will be incurred. Tuition payments must be received monthly for your student to participate in class. Payment by cash or check can be made at the front desk before the 25th to avoid the late fee. There is a \$25 returned check fee.

There are 35-36 weeks of classes and you are paying 9 equal payments. The first installment is due August 15th and the final one April 15th.

If you are interested in paying in advance, please see one of the Front Desk team members to make payment.

There is a commitment deadline and fee for various performing opportunities. Tuition must be up-to-date for your student to participate in performances and other special events.

You are required to give a 30-day notice to leave the program. Tuition will continue to accrue whether or not your student is in class.

Boys/Young Men:

Boys/young men enrolled in the Student & Pre-Professional Divisions are eligible for our Tuition-discounted Boy Scholarship program. Attendance and behavior affect continued participation in the scholarship program.

Dresscode

Girls, women, and female identifying dancers

Leotards

Each level is represented by a specific colored leotard.

Leotards may be purchased from Capezio Sacramento, school students regularly receive 10% off. They welcome phone-in orders, and offer free delivery to the studio as an option.

3839 H St, Sacramento, CA 95816 (916) 452-2255

Children's Division (all classes)

Any soft pink leotard

Student Division

Style #SE1012C/W

Level 1 Light Blue (LBL)

Level 2 Burgundy (BUR)

Level 3 Hunter (HUN)

Level 4 Scarlet (SCR)

Level 5 Aubergine (AUB)

Level 6 Indigo (IND)



Style #SE1012C/W



Pre-Professional Division

Style #SE1012C/W

Pre-Professional 1 Navy (NAV)

Pre-Professional 2 Black (BLK)

Tights

Children's Division—Pink/skin tone tights—Footed or Transitional

Student Division—Pink/skin tone tights—Transitional

Pre-Professional Division—Pink/skin tone tights—Transitional

Boys, men, and male identifying dancers

Black shorts/leggings, white t-shirt and black ballet shoes.

Dresscode

Ballet Shoes

Pink/skin tone ballet shoes with sewn elastic. Drawstrings must be tucked in. Either split or full sole is acceptable. Slipper style shoes are not acceptable.

Hair

Proper hair is an important part of ballet etiquette. Hair should be pulled away from the face and neck in a ballet bun. Short hair must be secured back away from the face.

Jewelry

No Jewelry except post earrings. No smart watches or Fitbits.

Warm-up Clothes

No warm-up clothes or cover-ups may be worn in class.

Please note:

All students must wear cover-ups and different shoes when arriving at the school. Ballet shoes should never be worn outside.

Pointe Shoes Level 4 & Up

All pointe shoes must have sewn elastics and ribbons. Any strings or torn material hanging off the tips must be removed. First instructions will be provided by the teacher in class. Level 4 students, do not purchase your pointe shoes until after you pass the Pointe Shoe Test and once the School Director instructs you to.

Ballet Skirts

Skirts may be optional for some pointe and variations classes at instructor's discretion.

Rules & Policies

Drop Off/Pick up

All students should enter and exit the building using the Sacramento Ballet door on the south side of the building from the parking lot.

Please note that Sacramento Ballet is not a child-care provider. Our fees do not reflect supervision outside the studio classroom. Students must be picked up at the time their class ends. If you are unable to pick your child up in a timely fashion, kindly call the front desk to make them aware. Parents will be charged a fee of \$5.00 per 15 minutes for any time the staff must wait beyond the allowed pick up time.

Sickness and Injuries

In the event of an illness please keep your child at home, enter the absence in the Parent Portal and notify the front desk as soon as possible. Injured students are asked to observe required classes and rehearsals while recovering from injury. If they're under the care of a doctor, a doctor's note/release letter is required.

Attendance

Students are expected to attend every class they are scheduled for. Consistent attendance is critical to progress. Please be punctual and ready for class. We recommend arriving at least 5-10 minutes early to ensure your student is ready and lined up for class with their ballet shoes on, dance bags stored away and water bottle in hand before class begins. Late arrivals disrupt class concentration and put the student at risk for injury. If your student is more than 15 minutes late they may be asked to warm up separately or observe class and take notes.

Please enter any absences your child may have through the Parent Portal.

Missing more than 10% of classes, will affect participation in performances and may require repeating the level the following year.

Rules & Policies

Make Up Classes

To schedule a make up class please log into the Parent Portal and select the class your dancer will be attending.

Dancers in the Children's Division and Levels 1-4 should take a class in their same level on a different day/time, if possible. If not, dancers may take any class in a lower level with prior teacher approval. Dancers in Level 5 and above may take any class in a lower level.

Ballet Classroom Etiquette

Talking in class is not permitted. If a student has a question, they should raise their hand and wait to be called on.

Only bottled water is allowed in the studio. Eating and drinking is allowed ONLY in the hallways. Students MUST clean up after themselves. Students should not touch or place anything on the pianos or electronic equipment.

All personal electronics must be silenced and kept in a dance bag. Sacramento Ballet is not responsible for any missing valuables. Students are responsible for keeping their belongings secure.

Children's Division students should store their items in the black cubbies. Student and Pre-professional division students should store bags in the hallway next to their classroom.

Respect in and around CLARA

School of Sacramento Ballet is located in a public building. Please be mindful of others and your surroundings at all times. Please be quiet and respectful in the hallways and other public spaces while inside the CLARA building. We kindly request practicing extra safety precautions while driving and parking in the lot and around the facility.

Code of Conduct

It is the policy of School of Sacramento Ballet to maintain a positive and productive learning and working environment for all students, staff and dancers. As part of their training, students are expected to behave in a responsible and disciplined manner and to adhere to the rules and regulations in this document, both inside the Sacramento Ballet facility and outside in the greater community when representing School of Sacramento Ballet or the Company.

School of Sacramento Ballet strives to ensure that all rules are clear and reasonable, and students are expected to observe the established Code of Conduct. Sacramento Ballet reserves the right to suspend or dismiss any student whose conduct or attitude is found to be unsatisfactory.

School of Sacramento Ballet emphasizes discipline, focus, a positive attitude and proper classroom etiquette.

We will utilize a “Three Strikes Rule” regarding disciplinary action. A “Strike” is applied when a student does not fulfill the rules, procedures and standards of conduct as outlined in the Code of Conduct Agreement.

How the Three Strikes Rule works:

- 1st Strike - Warning by Faculty or staff member; the student is reported to the School Director and School Administrator.
- 2nd Strike - Disciplinary meeting with the School Director and School Administrator; phone call to parent or legal guardian.
- 3rd Strike - Parent or Legal Guardian meeting with School Director and School Administrator.

SCHOOL OF
SACRAMENTO
BALLET

2420 N St #100
Sacramento, CA 95816
(916) 522-5800

<https://www.sacballet.org/school/>
frontdesk@sacballet.org
[@schoolofsacballet](https://www.instagram.com/schoolofsacballet)

updated 8/16/24